



ECW Spirituality Day

Saturday, May 15, 2010

8:30 a.m. – 3:30 p.m.

SEEKING GOD'S DREAM OF SHALOM*

*from Presiding Bishop Katharine Jefferts Schori's book,
Gospel in the Global Village: Seeking God's Dream of Shalom

Keynote address: Dr. Marla Martin Hanley
**“Wild Episcopal Women I Have Known:
Peace and Grace through Friendship”**

Episcopal Church of the Good Samaritan
333 N.W. 35th Street
Corvallis, Oregon 97330
(541-757-6647)

The mission of ECW is to bring together women of Christ for inspiration, spiritual growth and fellowship. Each year a parish hosts women from the diocese to bring them together to share their experiences and strategies for a successful and rewarding church life. This year The Church of The Good Samaritan ECW has chosen its theme, “Seeking God’s Dream of Shalom,” from the title of Presiding Bishop Katharine Jefferts Schori’s book, *Gospel in the Global Village: Seeking God’s Dream of Shalom*. Emphasis will be placed on working toward the Millennium Development Goals:

- Cut the worst hunger and poverty in half by 2015
- Achieve universal primary education
- Achieve women’s equality and empowerment
- Reduce childhood mortality and disease by two-thirds
- Improve maternal health and reduce the maternal mortality rate by two-thirds
- Reduce the incidence of preventable disease, such as HIV and malaria
- Provide clean water and adequate sanitation and improve the condition of slums
- Build global partnerships through fair trade rules, debt reduction, technology transfer and enlightened drug policies.

KEYNOTE ADDRESS:

Dr. Marla Martin Hanley will present “Wild Episcopal Women I Have Known: Peace and Grace through Friendship.” Marla is the wife of the Reverend Michael Hanley, newly elected Bishop of the Diocese of Oregon. Before moving from Minnesota to Oregon she was Associate Academic Dean of St. Catherine’s University in the Twin Cities.

GROUP PRESENTATIONS/WORKSHOPS

#1. The Gabriel Loire Windows: A Reflection of our Millennium Development Goals, presented by Mary Christensen. The theme of the windows in the sanctuary is “The Revelation of Truth from God through Human Personality.” Based on this theme, the presentation will demonstrate its profound and direct relevance to our Millennium Goals. The workshop will be held in the sanctuary for first-hand reference to Loire’s work. Mary researched and wrote the Gabriel Loire Stained Glass Window booklet published in 2009 with photography by David Francis. Both are members of Good Samaritan Church, Corvallis.

#2. Sabbath Rest, Shalom & Sanity, a workshop led by the Rev. Carol W. Sedlacek. Our lives tend to go at 100+ miles per hour, yet God clearly calls us to Sabbath rest in The Ten Commandments. “Remember the Sabbath Day and keep it Holy.” The commandment to take a day of rest is ignored in our modern world. The demands on our time go beyond our capacity. But the call of God to seek Shalom persists within us. We yearn to know that “peace that passes understanding.” And it seems we must learn (and re-learn) that one must pause, stop, and simply rest in God to notice the ever-present love and Grace of God in our lives. This workshop will explore ways to establish a rhythm of Sabbath rest in our lives, which brings us closer to the Shalom of God and helps us keep our sanity in this busy world. The Rev. Carol Sedlacek is the rector of St. Martin’s, Lebanon.

#3. Women Hold Up Half the Sky. Gail Wells, presenter, is senior warden of the vestry of Good Samaritan Church and is the author of two books on forest and landscape history as well as a memoir. Participants in this workshop will learn about and discuss the book, *Half the Sky: Turning Oppression into Opportunity for Women Worldwide*, (Nicholas D. Kristof and Sheryl WuDunn, Alfred A. Knopf, New York, 2009). *Half the Sky* (the title refers to a Chinese proverb) documents the brutal abuses endured by women around the world. The status of women world-wide is perhaps today’s most significant human-rights issue. *Half the Sky* is grim and disturbing but ultimately hopeful, for the authors also show how ordinary people can take steps to make these women’s lives better. The book is secular in approach, but we will use it as a springboard to explore how our actions to improve the status of the world’s women fit within our Christian mission. Participants are urged to read the book ahead of time, although that is not required.

#4. Being a Soul Friend: Bringing Shalom by Listening with Presence, presented by Cammie Bella. By practicing “listening with presence” we contribute to bringing Shalom to every encounter. This workshop will include a prayerful look at the elements of our listening skills, the distractions which seduce us into listening poorly, and the practice of intentionally being present to the other person in each encounter. This session is an adaptation of a weekend retreat and a four-week course of the material. Cammie Bella, a member of Good Samaritan Church, is a licensed Lay Eucharistic Minister, a Licensed Lay Preacher and a well-known seminar and workshop leader throughout the diocese.

#5. Seeking Simplicity. We're all familiar with the day to day rush of everyday life, and how easy it is to become overwhelmed and overextended. How do we create the space – physical, mental and spiritual – for enrichment and reflection? Where do we start to carve out time to live more fully? Voluntary simplicity is a tool for addressing this “busy-ness,” and this session will introduce participants (those experienced in these concepts are welcome too!) to some of its central ideas and practices. Through reflections on brief readings from secular and diverse faiths (including Katharine Jefferts Schori and Thich Nhat Hanh), participants will be invited to engage in a number of exercises to explore how to evaluate the various demands in our lives. Please come, share your own thoughts and tips, and learn from others. Presenter Michele Justice is Regional Director for the United Kingdom, Ireland and the Middle East, 1E, Global Internships, Oregon State University. She is married to the Rev. Simon Justice, rector of Good Samaritan.

#6. The Life of Mary Magdalene. Seeking God's Dream of Shalom as reflected in the life of Mary Magdalene. During the workshop we'll look at the social world of first century Palestine and what was written about Mary Magdalene in the New Testament. We'll also look at what early church fathers wrote about Mary Magdalene, and end with discussion about what Mary of Magdala might mean for women in the twenty-first century. Presenter Anita Beck is an active member of ECW, St. Edwards, Silverton, and is currently completing a degree in Interdisciplinary Studies with a concentration in Psychology, Religious Studies and Nursing at Marylhurst.

#7. Labyrinths. Be Herrera and Kay Kinneavy will explore which labyrinth form fits your group, who is using them as a tool for conflict resolution, where labyrinths can be found in Oregon, why contemplative walking fits our 21st century concerns and what has resurrected the labyrinth concept over and over again. Both Be and Kay are well-known throughout the diocese for their work with labyrinths. Kay is a member of St. Stephens, Newport, and Be, Good Samaritan, Corvallis. A labyrinth, specially designed for Spirituality Day, is available in the courtyard for meditation throughout the day.*

#8. Guided Tour of Samaritan Village. The Village is a special retirement community, located directly across Van Buren from the Church of the Good Samaritan and affiliated with the diocese. Studio and bedroom apartments are available to residents as well as a central dining room, library and recreation rooms, lovely garden and sheltered outdoor areas and group transportation. Entertainment, trips and social events are planned by the residents. June Curran, manager, will be available to answer any questions you may have.

#9. Christian Heart Yoga. Angie Greenwood will demonstrate standing and chair yoga movements for relaxation and spiritual well-being. No special clothing or floor mats are required. Angie is an instructor at Timberhill Athletic Club and is currently leading a Christian Heart Yoga group at the Corvallis First Presbyterian Church.

***THE LABYRINTH WILL BE OPEN IN THE COURTYARD FROM 8:00 A.M. TO 3 P.M.**

Episcopal Church Women, Diocese of Oregon

Spirituality Day 2010

Welcome to Church of the Good Samaritan!
Finding Good Samaritan Church: See directions on back page.

Vendors' tables will be open from 8:00 a.m. to the close of the day. Interested vendors should contact Judy Burrige (jab2home@comcast.net or 541-758-5033).

Food: All food and beverages will be served in Simpson Hall. Coffee and muffins will be available to early arrivers from 7:30 to 8:45 a.m.; lunch will be served from 12:15 to 1:15 p.m. Coffee, tea and ice water will be available throughout the day.

Friday night: If you are spending the night with one of our ECW hostesses, please come directly to the church for a light supper (\$5 donation) and Compline.

Your hostess will meet you there and give you directions to her home.

Enjoy a relaxing and renewing day. Dress casually and comfortably.

Please choose 3 out of the 9 group presentations (workshops) described on the enclosed page and check them on the registration form. Early registration is encouraged.

HOW CAN YOU MAKE A DIFFERENCE?

Visit the Episcopal Relief & Development table and make a contribution to ECW's fund to help women in third world countries receive small loans and the essential tools and training to start a small business, become independent and earn enough money to support their families. Each loan is only \$200.

<<Cut on dotted line>>

REGISTRATION FORM

NAME _____ CHURCH _____

ADDRESS _____

Email _____ Telephone # _____

Food restrictions or special needs _____

To register, please cut on dotted line, **complete information on both sides** and return to the address above enclosing your check in the amount of \$20.00 made payable to ECW, Church of the Good Samaritan, noting ECW Spirituality Day on the memo line. Please mark envelope ATTENTION Wendy Francis.

Please pre-register as early as possible, at least by May 5th. The fee for on-site registration will be \$25.00. For information about partial scholarships contact Nancy Crawford, nancyrcrawford@comcast.net (541-543-1122).

ECW Spirituality Day Schedule

Friday evening:**

6:00 p.m.	Supper in Simpson Hall.
7:00 p.m.	Compline

Saturday

		<u>Location</u>
7:30 – 8:45 am.	Coffee and muffins	Simpson Hall
8:00 – 8:30 a.m.	Registration	Vestibule
9:00 – 9:15 a.m.	Welcome	Sanctuary
9:15 – 10:00 a.m.	Eucharist	Sanctuary
10:00 – 10:15 a.m.	Break	
10:15– 11:00 a.m.	Keynote address, Marla Hanley	Sanctuary
11:00 – 11:15 a.m.	Break	
11:15 – 12:00 noon	Group presentation, choice	See room schedule
12:00 – 12:15 p.m.	Break	
12:15 – 1:15 p.m.	Luncheon	Simpson Hall
1:15 – 2:00 p.m.	Group presentation, choice	See room schedule
2:00 – 2:15 p.m.	Break	
2:15 – 3:00 p.m.	Group presentation, choice	See room schedule
3:00 – 3:15 p.m.	Break	
3:15 – 3:30 p.m.	Closing service	Sanctuary

**We have several homes open for our out-of-town ECW guests. There is no lodging fee. Supper will be served in Simpson Hall at the Church of the Good Samaritan, suggested donation \$5.00 per person. Compline will follow. For more information please check the box below. Spaces are limited.

FRIDAY NIGHT: Yes, I am interested in lodging Friday night. Please contact me.
 Yes, I will join you for supper Friday evening.

GROUP PRESENTATION (WORKSHOP) CHOICES: (Please select 3)

- | | |
|--|---|
| <input type="checkbox"/> #1. Gabriel Loire Stained Glass Windows
<input type="checkbox"/> #2. Sabbath Rest, Shalom & Sanity
<input type="checkbox"/> #3. Women Hold up Half the Sky
<input type="checkbox"/> #4. Being a Soul Friend: The Art of Listening with Presence
<input type="checkbox"/> #5. Seeking Simplicity | <input type="checkbox"/> #6. Life of Mary Magdalene
<input type="checkbox"/> #7. Labyrinths
<input type="checkbox"/> #8. Tour, Samaritan Village
<input type="checkbox"/> #9. Christian Heart Yoga |
|--|---|

Please keep a record of the choices you have indicated

Church of the Good Samaritan
333 NW 35th Street
Corvallis, Oregon 97330-4956
Episcopal



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ECW
Spirituality Day

May 15, 2010

Episcopal Church
of the Good Samaritan
Corvallis, OR

**“Seeking God’s
Dream
of Shalom”**

DIRECTIONS:

*Church of the Good Samaritan
333 NW 35th Street, Corvallis, OR 97330, (541) 757-6647*

From I-5:

- Take the **OR-34 Exit #228** toward Lebanon/Corvallis.
- Turn onto OR-34 toward Corvallis. Continue **10 miles west**.
- OR-34 becomes **Harrison Blvd.** Continue **~1.4 miles to 35th Street**.
- **Turn left at the stoplight.** The church is on the corner.
- **Take the 1st left** into the church parking lot.

From the Coast:

- Take **Highway US-20/OR-34** to Philomath.
- **Continue east** on US-20/OR-34/SW Philomath Boulevard.
- **Turn left at 35th Street** stoplight. **Continue ~ 1.2 miles north** on 35th Street.
- Just before 35th Street, intersects Harrison Blvd. (2nd stoplight), **turn right** into the church parking lot.

From Albany:

- Take **US-20** into Corvallis. Turn **right onto Harrison Boulevard**.
- Continue ~1.4 miles west to 35th Street. Turn left. Church is on the corner.

99W from the North:

- **Turn right onto Harrison Boulevard.**
- Continue ~1 mile to 35th Street. Turn left. Church is on the corner.